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Welcome to a holistic world of yoga where your passion for wellness transforms into a fulfilling yoga teaching career!

The Advanced Diploma of Holistic Classical Yoga Teaching and Therapy (11122NAT) offers the knowledge of ancient Yoga philosophies, practices, and techniques that can be incorporated into daily life to enhance lifestyle, health, and wellbeing.

This program provides you with specialised skills and knowledge in holistic classical yoga enabling you to apply its therapeutic benefits effectively. The World Health Organisation (WHO) recognises yoga as a recommended practice for preventative health and as a valuable tool to increase physical activity and reduce noncommunicable disease.

QUALIFICATION PATH

This qualification corresponds to AQF Level VI. The preferred pathway to this qualification is for students to complete Diploma of Holistic Classical Yoga Practice and Teaching (10975NAT) delivered by College of Sport & Fitness and their students will be eligible for Advanced Standing through RPL.

Completing the Advanced Diploma of Holistic Classical Yoga Teaching and Therapy (11122NAT) could also provide a pathway into VET accredited industry courses in other complementary health fields.

This qualification is recognised by the Australian Qualifications Framework (AQF), meaning that you can take this qualification anywhere within Australia.

COURSE DELIVERY & ASSESSMENT METHODS

Delivery and assessment strategies are selected to reflect the nature of the elements and performance criteria of the competency together with the needs and learning style of the participants. This program is delivered in a full-time study mode of 20 hours per week over 45 college weeks.

Assessment methodology may include but is not limited to observation, project/report, case study, role play, exercises, practical, activities; and written/ oral tasks including multiple choice, questions and answer, essays, true/false and presentations.

Administration Fee (Non-refundable):
› A\$ 300

Confirmation of Enrolment Fee
(Non-refundable):
› A\$ 20 for a course no longer than 12 months
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Qualification	Unit Code	Unit Title	Tuition Fee / Duration
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ACADEMIC YEAR START DATES

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